

# Virtual & In-Person Parenting Group



Are you...

Interested in having a baby?

Expecting a baby?

Already parenting a baby infant or toddler (age 0-3)?

This 8-week **\*Bringing Baby Home\*** (BBH) group is a research based and research-tested psychoeducational group dedicated to improving the quality of life for babies and children by strengthening their families.

**Increase friendship in the relationship**

**Learn to deal effectively with conflict**

**Improve the quality of parent–infant interaction**

**Recognize the psychological and emotional needs of their child**

**Co-parent effectively**

**Connect with other parents**

**Contact for more information:**

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**[Diane@northbrooklynmft.com](mailto:Diane@northbrooklynmft.com)**

\$25/week per couple | 896 Manhattan Ave, 2nd Floor  
Brooklyn, NY 11222

In Person: Thursdays 8:00pm-9:30pm (Sept 21-Nov 9)

Virtual: Thursdays 11:00am-12:30pm (Sept 21-Nov 9)